

## Mell Baptist Association Food Pantry List

Salmon  
Tuna  
Chili  
Vienna Sausage  
Beef Stew  
Chicken and Dumplings  
Yams  
Tomatoes  
Baked Beans  
Sweet Peas  
Corn  
Fruit  
Spaghetti Sauce  
Spaghetti Noodles  
Green Beans  
Soup  
Rice  
Macaroni and Cheese  
Jello  
Tea Bags  
Instant Potatoes  
Dried Beans/Peas  
Canned Milk  
Cooking Oil  
Salt  
Breakfast Items  
(oatmeal, pop tarts,  
cereal, etc.)  
Toilet Tissue  
Peanut Butter

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